

# My List for a Great Nature Walk

[www.GoGetGrubby.com](http://www.GoGetGrubby.com)

- WATER
- SUNSCREEN
- HATS
- INSECT REPELLANT
- TRAIL SNACKS
- COMPASS
- FIRST AID KIT
- SMALL FLASHLIGHT
- GOOD STURDY SHOES
- EXTRA SOCKS AND DRESS IN LAYERS
- CAMERA
- WHISTLE
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**Go Get Grubby!**